

Curriculum Area: PE

Exam board: OCR

Course title: CAMBRIDGE NATIONAL SPORT SCIENCE

Specification link: <https://www.ocr.org.uk/Images/82412-specification.pdf>

Part 1: Content covered so far in the course

Units or topics covered up until March 08 2021:  NB: * indicates content covered during period of school closure	Approximate dates of coverage (mm/yyyy)	How was learning assessed for this unit or topic? Include duration of assessment.	Was the assessment carried out in controlled conditions?
<b>RO42 : APPLYING PRINCIPLES OF TRAINING UNIT LO1/LO2/LO3/LO4</b>	<b>SEPT 2020 – JULY 2021</b>	<b>LEARNING WAS ASSESSED THROUGH MIXTURE OF PRACTICAL AND THEORY LESSONS WITH ASSIGNMENTS (4) COMPLETED AND SUBMITTED</b>	<b>YES</b>
<b>RO43 : THE BODY'S RESPONSE TO PHYSICAL ACTIVITY LO1/LO2/LO3/LO4</b>	<b>SEPT 2019 – JULY 2020</b>	<b>LEARNING WAS ASSESSED THROUGH MIXTURE OF PRACTICAL AND THEORY LESSONS WITH ASSIGNMENTS (4) COMPLETED AND SUBMITTED</b>	<b>YES</b>
<b>RO45 : SPORTS NUTRITION LO1*/LO2*/LO3*</b>	<b>JAN 2022 – MARCH 2022</b>	<b>LEARNING WAS DELIVERED BY REMOTE LEARNING (LIVE LESSONS) AND COMPLETED ASSIGNMENTS (3) SUBMITTED ONLINE</b>	<b>NO – REMOTE LEARNING</b>


**Part 2: Mock Exam evidence**

<b>Units or topics covered in the November mock exam(s)</b>
RO41 – REDUCING THE RISK OF SPORTS INJURIES (LO1/LO2/LO3/LO4) – 1 HOUR EXAM

**Part 3: Content that will be assessed by 01 April 2021**

**NB: all subjects should complete at least one assessment by this date. If NEAs are currently being completed in subjects that contain coursework components, then work on these should cease by 01 April 2021 in line with existing long-term plans.**

<b>Units or topics that will be assessed</b>	<b>Number of lessons that will be allocated to preparation for this assessment</b>	<b>Duration of assessment</b>
<b>RO45 : SPORTS NUTRITION LO4</b>	<b>NEA ASSIGNMENT THAT WILL BE COMPLETED AND SUBMITTED OVER 6 LESSONS</b>	<b>4 WEEKS</b>